

प्रश्न-पत्र बोर्ड द्वारा निर्धारित पुस्तकों से ही सैट किया जाएगा। कृपया अध्यापकगण बोर्ड द्वारा निर्धारित पुस्तकें ही पढ़ाएँ।

DESIGN

QUESTION PAPER

Subject : **Physical Education**
Paper : **1st Semester** **Annual or Supplementary**
Class : **10+2** **Year 2014-15**
Time : **2½ Hrs.**
Marks : **60**

1. Weightage to Objectives:

Objective	K	U	A	Total
Percentage of marks	40	33	27	100
Marks	24	20	16	60

2. Weightage to Form of Questions:

Forms of Questions	E	SA	VSA	O	Total
No. of Questions	03	07	06	12	28
Marks Allotted	15	21	12	12	60
Estimated Time	60	55	18	12	145

3. Weightage to Content:

	<u>Units/Sub-Units</u>	<u>Marks</u>
1.	Unit-I Meaning and importance of Physical fitness and wellness Sub-units 1.1 to 1.5.4	18
2.	Unit –II Training Methods Sub-units 2.1 to 2.3.3	15
3.	Unit-IV Part-B Athletic care Sub-unit 4.1 to 4.2	10
4.	Unit-VI Part-B & C Olympic movements & sports Sub-unit 6.4 to 6.5	17

Total 60

4. Scheme of Sections : - X X X X -
5. Scheme of Options : Internal Choice in long answer question i.e. essay type.
6. Difficulty level : Difficult : 10 % marks
Average : 50 % marks
Easy : 40 % marks

Abbreviations: K (Knowledge), U (Understanding), A (Application), E (Essay Type), SA (Short Answer Type), VSA (Very Short Answer Type), O (Objective Type)