### Directions: Answer the following questions by selecting the most appropriate option:

1. Present day education cuts off the man from life because
   - (1) it is not an integral part of life
   - (2) it is unable to provide bread and butter to man
   - (3) it is unable to provide job to man
   - (4) it is unable to fulfill the basic needs of a man

2. According to modern concept of teaching, teacher should play mainly the role of a
   - (1) Philosopher
   - (2) Friend
   - (3) Working partner
   - (4) Instructor

3. Which source will provide maximum and up-to-date information about a subject?
   - (1) Encyclopaedias
   - (2) Internet
   - (3) Latest academic journals
   - (4) International conferences
4. Some students of your class have become inattentive; which strategy would you use to regain their attention?

(1) A brief physical activity
(2) Suspending the class for sometime
(3) Asking children to be attentive
(4) Sending the class out for games

5. When a teacher enters in the class room for the first time he should talk about

(1) school building
(2) school headmaster
(3) textbook
(4) himself and students

6. The education system developed by Mahatma Gandhi is known as

(1) Basic education system
(2) Vocational education system
(3) Child centred education system
(4) Handicraft education system
7. अध्यापक का कीन-सा कार्य उपयुक्त अधिगम वातावरण बनाने में मदद नहीं करता?
   (1) बच्चों को सुरक्षा का भाव देना
   (2) बच्चों को स्वतंत्रता का भाव देना
   (3) बच्चों को अन्य बच्चों की आलोचना करने देना
   (4) बच्चों को निर्मय बनाना

8. निष्ठा में से कीन-सा छात्रों के पलायन का कारण नहीं होता?
   (1) असचिक विद्यालय कार्यक्रम
   (2) अध्यापक का पक्षपातपूर्ण व्यवहार
   (3) बहुत अधिक गृह कार्य
   (4) बहुत अधिक छुट्टियाँ

9. जब अध्यापक एक छात्र को सफलता का आहसास कराता है तो वह उपयोग कर रहा होता है?
   (1) तत्त्वरता के नियम का
   (2) अध्यास के नियम का
   (3) प्रभाव के नियम का
   (4) मानसिक तत्त्वरता के नियम का

10. प्रौढ़त्ववाद के अनुसार शिक्षा का केन्द्र होना चाहिए?
    (1) अध्यापक
    (2) बालक
    (3) पाठ्यक्रम
    (4) उपरोक्त में से कोई नहीं
11. A student of your class is in the habit of telling a lie. How would you deal with him?
   (1) tell him not to tell a lie
   (2) punish him
   (3) just ignore him
   (4) will take him into confidence and counsel

12. The best provision for the education of the talented children is
   (1) Ability grouping
   (2) Giving double promotion
   (3) Enriching programme
   (4) Providing special schools

13. As per National Policy on Education, 1986 percentage of national production must be invested on education
   (1) 6%       (2) 10%
   (3) 4%       (4) 3%

14. School administration assigned you some extra classes which are meant for weak students. What will be your reaction as a teacher?
   (1) Protest and not take classes
   (2) Request reconsideration of decision
   (3) Tell student to prepare on their own
   (4) Accept it as your responsibility
15. अध्यापन की पद्धति के रूप में व्याख्यान प्रणाली के बारे में निम्नलिखित कथनों का अध्ययन करें :

A. सूचना प्रदान करने की यह एक कुशल विधा है।

B. विश्वासियों को आलोचनात्मक दृष्टि से सोचने के लिए प्रेरित करने हेतु यह एक प्रभावपूर्ण प्रणाली है।

इनमें से कौन-सा कथन सही है?

(1) केवल A  (2) केवल B

(3) A तथा B दोनों  (4) न A न B

16. शिक्षण कार्य प्रारंभ करने से पूर्व शिक्षक को

(1) छात्रों को खड़ा करना चाहिए

(2) छात्रों को मानसिक रूप से तैयार करना चाहिए

(3) श्याम-पट को साफ करना चाहिए

(4) छात्रों को लुप रहने के लिए कहना चाहिए

17. शिक्षण करते समय आपको लगे कि जो कुछ आपने पढ़ाया है वह सही नहीं है तो आप

(1) प्रकरण अधूरा छोड़ देंगे तथा दूसरा प्रकरण शुरू कर देंगे

(2) छात्रों से कहेंगे कि गलती हुई और उसे ठीक कर देंगे

(3) छात्रों का उससे ध्यान हटा देंगे

(4) छात्रों को डॉट पिलायें

15. Study the following statements about lecturing as a method of teaching:

A. It is an efficient method of giving information.

B. It is an efficient way of making students think critically.

Which of these statements is/are correct?

(1) A only    (2) B only

(3) Both A & B  (4) Neither A nor B

16. Before starting to teach a teacher must

(1) make the students stand

(2) make the students mentally ready

(3) clean the black board

(4) ask the students to keep silence

17. While teaching if you realize that what you have taught is not correct, you would

(1) leave the topic unfinished and shift to another

(2) tell the students that it was a mistake and correct it

(3) divert the attention of the students

(4) Scold students
18. Salim is very good in Music but is not able to do well in Mathematics. As a teacher of Mathematics, how will you handle Salim?

(1) Tell him that Music does not have a future.
(2) Tell him to leave Music and study Maths.
(3) Call his parents and talk to them.
(4) Tell him that he can do well in Mathematics and explain the Mathematical concepts to him.

19. A talented child can not be identified through observation because

(1) observation is not an objective technique.
(2) observation is a subjective technique.
(3) observation is used by those who are expert.
(4) All of the above.

20. While delivering a long lecture what a teacher should do?

(1) Should break in between.
(2) Should speak continuously.
(3) Should ask questions in between.
(4) Should change own posture.

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21. A girl of your class is interested in sports and wants to pursue her career in sports. What will you suggest her?

(1) Girls have no future in sports
(2) She should put in hard work to achieve her ambition
(3) Ask her to be focused only in academics
(4) Girls can not excel in sports as they are not physically strong

22. Which is not true about intelligence?

(1) Intelligence is the ability to learn
(2) Intelligence is the ability to solve problems
(3) Intelligence is the ability to work hard
(4) Intelligence is the ability to adapt to novel situation

23. The most effective evaluation method is

(1) Annual examination method
(2) Examination with book method
(3) Semestral method
(4) Objective question paper method
24. Match the following:

A. Slide Projector (i) Visual mean
B. TV (ii) Audio mean
C. Chart (iii) Audio-visual mean
D. Voice Recorder (iv) Projective mean

(1) (iv) (iii) (i) (ii)
(2) (iv) (ii) (iii) (i)
(3) (iii) (iv) (ii) (i)
(4) (i) (ii) (iii) (iv)

25. The term ‘comprehensive evaluation’ means

(1) Evaluation conducted at several points of time
(2) Evaluation by a group of teachers
(3) Several test for long duration
(4) Evaluation of curricular & co-curricular aspects of pupil growth

26. The capacity to arrange objects serially is developed in the child when he is in

(1) Sensory motor stage
(2) Pre-operational stage
(3) Concrete operational stage
(4) Formal operational stage
27. For enhancing the ability of transfer of learning the teacher should **not**
   (1) encourage self activity
   (2) encourage the habit of rote learning
   (3) develop the habit of learning by insight
   (4) emphasise on generalization

28. When a child mispronounces a word, what will you do ?
   (1) Tell - don't say like this
   (2) Tell the correct pronunciation
   (3) Rebuke the child for wrong pronunciation
   (4) Ignore

29. The basis of effective and successful leadership is
   (1) Appreciation
   (2) The interest of entire group
   (3) Service of group
   (4) Self interest

30. How the virtue of good citizen can be inculcate among students ?
   (1) By lecturing them on good citizenship
   (2) By familiarising them with national heroes
   (3) By assigning them some community service work
   (4) By familiarising them with Indian Constitution
भाग – II/PART – II
भाषा – I (हिंदी)/LANGUAGE-I (HINDI)

31. निम्न में से ‘गंगा’ के पर्यायवाची शब्दों का समूह है
   (1) मंदिर, काशी, भगवान
   (2) कृष्ण, गणेश, अर्कजाँत
   (3) मंदिर, कालिन्दी, तारण
   (4) सरिता, शैलजा, तरंगिनी

32. निम्न शब्दयुग का सही प्रयोग चुनिए
   ‘स्नान – स्नान’
   (1) अंत्यसार – मुक्ति
   (2) मुक्ति – अंत्यसार
   (3) एक हैलिक अनुस्थान – लगाव
   (4) एक तारा – निषिद्ध समय

33. ‘प्रभेद्य’ का अर्थ है
   (1) बार्ग का भोजन (2) बार्ग
   (3) प्रयास (4) अनुसार

34. ‘न’ प्रत्यय से निर्मित शब्द चुनिए
   (1) खून (2) चलन
   (3) बाजुन (4) पतलून

35. कौन-सा शब्द विशेषण नहीं है?
   (1) सेवाल (2) तल
   (3) जलमग (4) जलीय

निर्देश: अनोखनिकता गद्यों को पढ़कर विश्लेषण (प्रश्न संख्या 36-39) के उत्तर सबसे उचित विकल्प दुकान दीजिएः

36. ‘दुनिवार’ का अर्थ है
   (1) कटिन (2) सरल
   (3) आशरका गुल (4) पीड़ा वार

37. मनुष्य की नियति है
   (1) दुखों में निरंतर रहना
   (2) दुख व सुख दोनों की उपरामता
   (3) मिरंतर सीतात्व
   (4) पद्धतियों का विकार होना
38. ‘मंगल नाम के नाली’ से लेखक का तात्पर्य है:
   (1) बहुत आशिवादी होना
   (2) बहुत निराशावादी होना
   (3) बहुत बैरिवादी होना
   (4) बहुत उल्लासहित होना

39. ‘सत्त अवध सामना’ का भाव है:
   (1) सो युगों के समान
   (2) सात युगों के समान
   (3) अवयतं ऐतिह्य सुल्ता
   (4) उपरयुक्त में से कोई नहीं

निर्देश: अभ्योलिपिक गद्यांश को पढ़कर विचार गये प्रश्नों
(प्रश्न सं 40-44) के उत्तर सबसे उचित विकल्प
वरुण के दिनित:

शिशुद्ध वस्त्र से आगमन के साथ लहर उठता है,
आँख तक तो निद्रित रूप से मस्त बना रहता है
मन नर गया तो नर भाद्र में भी निर्ज्ञ फूलता रहता है।
इस प्रकार शिशु का लक्ष्मण अवधुत के माति जीवन की
अनेकता का मनोभाव करता रहता है। शिशु का फूल
संस्कृत संहिता में बहुत कोमल माना गया है। शिशु के
पुलों की कोमलता देखकर परवर्ती कवियों ने समझा कि
उसका सब कुछ कोमल है। यह भूल है। इसके फल
इतने मजबूत होते हैं कि नये पुलों के निकल आने पर
भी स्थान नहीं छोड़ते। जब तक नये फल पत्ते मिलकर
धिकायकर उन्हें बाहर नहीं कर देते तब तक वे उड़ते
रहते हैं। वस्त्र से आगमन के साथ जब सारी
वस्त्रलो पुष्प-पत्त से मस्त सबक होती रहती है,
शिशु के
पुलों फल बुरी तरह मजबूत होते रहते है। पुलों इतने
देखकर उन नेताओं के बात याद आती है, जो किसी
प्रकार जमाने का रूप नहीं पहाड़ाते और जब तक नयी
पीठ के लोग उन्हें धक्का मारकर निकाल नहीं देते तब
tक जमे रहते हैं।

40. ‘जो फरा तो झरा’ में तुलसीदास ने किस और
संबंधित किया है?
   (1) जीवन की शाखातिया पर
   (2) जीवन की निस्सारति पर
   (3) जीवन की क्षणभूतित पर
   (4) उपर्युक्त समी पर

41. सुंस्कृत संहिता में किसे कोमल माना गया है?
   (1) शिशु के पुलों को
   (2) शिशु के पूलों को
   (3) शिशु के पत्तों को
   (4) शिशु की शाखाओं को

42. ‘निवास’ का विलोम है?
   (1) अग्राध
   (2) आग्राध
   (3) निग्राध
   (4) प्रगाढ़

43. लेखक के अनुसार नेताओं के साथ तुलनीय है?
   (1) शिशु के पुल
   (2) शिशु के पूल
   (3) वस्त्र की कृति
   (4) पतझड़ की कृति

44. शिशु पुष्प का पत्तन पूर्ण होता है?
   (1) जेठ में
   (2) आषाढ़ में
   (3) भाद्र में
   (4) वसंत में

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P. T. O.
45. हिन्दी शब्दकोश के अनुसार निम्न शब्दों का सही 
क्रम है
‘जानान्जन, ज्याला, ज्येष्ठ, जीहरी’
(1) ज्याला, जानान्जन, ज्येष्ठ, जीहरी
(2) जीहरी, जानान्जन, ज्येष्ठ, ज्याला
(3) ज्येष्ठ, ज्याला, जीहरी, जानान्जन
(4) जीहरी, ज्येष्ठ, ज्याला, जानान्जन

46. हमारे स्कूल में कई सचिन टेंदुलकर हैं : इसलिए 
क्रिकेट में हम सदैव जीतते हैं। रेखाकित शब्द में 
संज्ञा है
(1) व्यक्तिवाचक (2) भाववाचक
(3) जातिवाचक (4) परिभाषा वाचक

47. ‘अनु + इष्ट’ का संधि शब्द है
(1) अनिष्ट (2) अविष्ट
(3) अनुष्ट (4) अनोष्ट

48. संयुक्त व्यंजन ‘ज’ की ध्वनियाँ हैं
(1) ज़ + ज़ (2) ज़ + ज़ + अ
(3) ज़ + न (4) ज़ + न + अ

49. ‘प्रवचन’ में उपसर्ग है
(1) प (2) पः
(3) प्र (4) प्रव

50. निम्न में से वर्तनी की दृष्टि से शुद्ध शब्द चुनिए
(1) एकद (2) संग्रहीत
(3) कोंबलाँगिनी (4) तुपुरास्त

51. ‘हर’ शब्द के अर्थों का सही समूह है
(1) वनिष्ट, सिंह, गज
(2) वनिष्ट, सिंह, बंदर
(3) अश्व, बादल, विष्णु
(4) विष्णु, शिव, नारद

52. ‘गुरुद्वारा’ में समास है
(1) तत्पुरुष (2) दल्द
(3) तत्पुरुषी (4) अवयवभाव

53. दिखे गए शब्द के लिए उचित पर्यायवाची चुनें
(1) शारदा (2) वनिता
(3) नलिनी (4) सुरसरी

54. ‘दोंग काटी दोटी’ मुख्य से का अर्थ है
(1) परस्पर चलित क्षण होना
(2) परस्पर प्रतिघट न्यून होना
(3) परस्पर बैर होना
(4) परस्पर इंख होना

55. कौन-सा वाक्य भिन्न वाक्य नहीं है?
(1) शोभा मुख्त से कहती है कि जाओ।
(2) एक जोकर देखा जो भारी भरकम था।
(3) तुम इसलिए अच्छे हो क्योंकि तुम मेहनती हो।
(4) दरबाज खुलने के कारण चोरी हो गई।

56. ‘सावन हरे न भावो सूखे’ लोकोक्ति का अर्थ है
(1) परस्पर ना करना
(2) वेशभर्त होना
(3) हमेशा एक जैसा रहना
(4) निर्णय रहना

57. निम्न में से मूर्त्ति वर्ण है
(1) अ (2) इ
(3) अ (4) ए

58. ‘प्रोत्साहन’ का संधि-विच्छेद है
(1) प्र + उत्साह (2) प्र + उत्साहन
(3) प + उत्साह (4) प्र + साहन

59. ‘चन्द्र्या’ शब्द का विलोम चुनिए
(1) उर्वर (2) उपजाऊ
(3) उर्वरा (4) बंजर

60. निम्न शब्दों में से तद्भव शब्द है
(1) पाण्ड (2) परब
(3) प्रहरी (4) पृष्ठ
61. 'He hardly works.'
   The underlined word means
   (1) ardously  (2) mostly
   (3) scarcely  (4) strenuously

62. Choose the correct word for the following phrase:
   'Fear of foreigners'
   (1) Hydrophobia
   (2) Xenophobia
   (3) Homophobia
   (4) Claustrophobia

63. Give one word for 'That which can be eaten.'
   (1) edible  (2) chewable
   (3) palatable  (4) digestive

64. She had a headache; otherwise she .......... with me.
   (1) would come
   (2) would have come
   (3) came
   (4) will come

65. Which sentence is incorrect?
   (1) I left without any one knowing.
   (2) I hope you will excuse my leaving early.
   (3) As he was going up the hill, he saw an old temple.
   (4) I dislike your behaving in this way.

66. Complete the given sentence:
   'The human body is like an engine. It requires fuel to ......'
   (1) work  (2) keep it going
   (3) run from  (4) keep it on action

67. He .......... not oppose me.
   (1) dare  (2) dares
   (3) did dare  (4) was dare

68. Choose the correct Article for the blank:
   'Give me ........ yellow teapot which is on the table.'
   (1) a  (2) an
   (3) the  (4) Zero article

69. They told me that he ........ in Jaipur.
   (1) were  (2) was
   (3) will be  (4) can be

P. T. O.
70. His score is higher than .......... 
(1) you  (2) yours  
(3) your  (4) yourself

71. Choose the correct Pronoun for the blank:
'He is the only person ........ can help you.'
(1) who  (2) that 
(3) he  (4) which

72. Choose the correct Preposition for the blank:
'One must abide ........ one's promise'.
(1) in  (2) by 
(3) for  (4) to

73. I have been here ............... Monday.
(1) from  (2) since 
(3) for  (4) till

74. Change the Voice of the following sentence:
'We were let go.'
(1) They let us go. 
(2) We were let to go. 
(3) They were let us to go. 
(4) Let us go.

75. Which word is wrongly spelt?
(1) believe  (2) relieve 
(3) brief  (4) deceive

Directions: Read the passage given below and answer the questions that follow (Q. Nos. 76 to 85) by selecting the most appropriate option:

Conversation is indeed the most easily teachable of all arts. All you need to do in order to become a good conversationalist is to find a subject that interests you and your listeners. There are, for example, numberless hobbies to talk about. But the important thing is that you must talk about the other fellow's hobby rather than your own. Therein lies the secret of your popularity. Talk to your friends about the things that interest them and you will make your reputation for good fellowship, charming wit and a brilliant mind. There is nothing that pleases people more than your interest in their interest.

It is as important to know what subject to avoid, as what subjects to select for good conversation. If you don't want to be set down as a wet blanket or a bore, be careful to avoid certain unpleasant topics. Avoid talking about yourself, unless you are asked to do so. People are interested in their problems, not in yours. Sickness and death bore everybody. The only one who willingly listens to such talk is a doctor, but he gets paid for it. To be a good conversationalist you must know not only what to say but how to say it. Be civil and modest. Don't overemphasize your own happiness. Be mentally quick and witty, but don't hurt others with your wit.

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Finally, try to avoid mannerism in your conversation. Don’t bite your lips, or click your tongue, or roll your eyes, or use your hands excessively as you speak.

76. The secret of your popularity lies in
(1) cultivating good hobbies
(2) being able to converse about what is of interest to the listener
(3) having a knowledge about a large variety of hobbies
(4) talking about your hobby

77. The secret of becoming a good conversationalist is
(1) talking about problems
(2) avoiding mannerism in conversation
(3) using your wit
(4) knowing what to say and how to say it

78. A doctor is the only one who readily listens to conversation about sickness because
(1) it is his job and he earns from that
(2) he is not interested in anything else
(3) sickness and death interest everybody
(4) he is a kind person

79. Courtesy and politeness are recommended through which word in the passage
(1) willingly
(2) civil
(3) overemphasize
(4) None of the above

80. To become a good conversationalist, you need to
(1) find a good teacher
(2) find an interesting subject
(3) practice the art of conversation
(4) converse about what you and the listener find interesting

81. You should avoid talking about yourself because
(1) you are a bore
(2) it will make you appear unpleasant
(3) you don’t know how to choose the subject of a good conversation
(4) people are not interested in you or your problems

82. ‘Mannerism’ in the passage means
(1) not hurting others with your wit
(2) having good manners
(3) gesture or way of speaking typical to a person
(4) using polite language
83. Which word in the passage is the opposite of 'arrogant'?
   (1) witty
   (2) mentally quick
   (3) conversationalist
   (4) modest

84. What pleases people most is
   (1) your reputation for good fellowship
   (2) your clever use of language
   (3) your taking interest in what is of interest to them
   (4) your brilliant mind

85. Which word in the passage means to strongly stress that something is particularly important?
   (1) overemphasize
   (2) mentally
   (3) excessively
   (4) mannerism

86. I am .......... after ten years in the business.
   (1) wise
   (2) wisest
   (3) more wise
   (4) wiser

87. Choose the correct Adverb for the blank:
   'The sun .......... rises in the east'.
   (1) sometimes
   (2) often
   (3) always
   (4) rarely

88. The dumb .......... not speak.
   (1) has       (2) does
   (3) is       (4) do

89. Choose the correct Phrase for the blank:
   'The craft in which I sailed rapidly .......... the open sea.'
   (1) made out
   (2) made up
   (3) made for
   (4) made off

90. He is poor, .......... he is satisfied with his situation.
   (1) yet       (2) but
   (3) so       (4) while
91. Home Science gives education for
   (1) taking care of house
   (2) taking care of house and children
   (3) taking care of house and one's own career
   (4) cooking and decoration of house

92. Which type of diet should be given to high blood pressure patient?
   (1) High protein and energy diet
   (2) Low salt diet
   (3) Low fiber diet
   (4) Low sugar diet

93. Which method of cooking is best?
   (1) Frying
   (2) Boiling
   (3) Roasting
   (4) Steaming

94. Symptoms of 'corneal xerosis' is
   (1) Wounds in cornea
   (2) Dryness of cornea
   (3) High blood pressure
   (4) All of the above
95. Which is the most dangerous stage of vitamin ‘A’ deficiency?

(1) Bitot's spots
(2) Keratomalacia
(3) Corneal xerosis
(4) Xerophthalmia

96. Polyester is a pure

(1) Protein fiber
(2) Chemical fiber
(3) Regenerated fiber
(4) None of these

97. Rayon dyes properly because they are

(1) cellulosic
(2) more absorbent
(3) tolerate high temperature
(4) not affected by acid

98. Best bleach for wool is

(1) Chlorine
(2) Calcium chloride
(3) Hydrogen peroxide
(4) Sodium chloride

99. Javelle water is used for ............fibers.

(1) Cotton  (2) Linen
(3) Silk  (4) Cotton & Linen
100. Which bleaching agent can be used safely both for vegetable and animal fibers?
   (1) Hydrogen peroxide
   (2) Oxalic acid
   (3) Sunlight
   (4) All of the above

101. Linoleic acid is a
   (1) Protein
   (2) Fat
   (3) Unsaturated fatty acid
   (4) Saturated fatty acid

102. Nutritional adequacy of the diet is according to
   (1) Age of person
   (2) Sex
   (3) Activity pattern
   (4) All of the above

103. Sucrose is abundant in
   (1) Milk
   (2) Orange juice
   (3) Sugarcane
   (4) Grapes

104. The food does not come in contact with water while cooking, it is
   (1) Frying
   (2) Grilling
   (3) Steaming
   (4) All of the above

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105. The important difference between a 'home' and 'house' is
   (1) Physical
   (2) Environmental
   (3) Emotional
   (4) Only terminological difference

106. Growth means
   (1) Increase in size, height and weight
   (2) Development in internal organs
   (3) Both (1) & (2)
   (4) None of these

107. Weight of infant becomes double
   (1) from birth to four months
   (2) in six months
   (3) in eight months
   (4) in one year

108. Cephalo-caudal development means
   (1) Development from head to legs
   (2) Development from centre of the body to outwards
   (3) Both (1) & (2)
   (4) None of these

109. Learning by curiosity and trial and error method is called
   (1) Primary circular
   (2) Secondary circular
   (3) Tertiary circular
   (4) All of the above
110. Socialization starts when
(1) touch the child
(2) the child starts talking
(3) when the child starts smiling when a person smiles
(4) when talks are done with child

111. Boys and girls play ............... in childhood.
(1) together
(2) separate
(3) according to wish
(4) do not play

112. Why does a child get angry in childhood?
(1) by irritating
(2) by comparing with other children
(3) by favouritism
(4) All of the above

113. When menstruation stage starts in girls is called
(1) Menopause (2) Menarche
(3) Puberty (4) None of these

114. Which stage is found in the mental development of adolescents?
(1) Sensory motor stage
(2) Pre-operational stage
(3) Concrete operational stage
(4) Formal operation stage
115. व्यवसाय के चुनाव में .................. सहायक होते हैं।
(1) प्रौद्योगिकी (2) कर्मचारिककला
(3) प्रृवति (4) उत्पादक सत्ता

116. किशोर अपने-आपको भाव कब महसूस करते हैं?
(1) अधिक शारीरिक वृद्धि होने पर
(2) कम शारीरिक वृद्धि होने पर
(3) अस्थायी शारीरिक वृद्धि होने पर
(4) उत्पादक सत्ता

117. परिवार में समस्या खराब होने का क्या कारण है?
(1) परिवार में बातचीत की कमी
(2) दूसरों की भावनाओं को न समझना
(3) आपस में तनाव होना
(4) उत्पादक सत्ता

118. गृहिणी को उपकरणों का प्रयोग अवश्य करना चाहिए ताकि वह .................. की बचत कर सके।
(1) समय
(2) ऊर्जा
(3) समय और ऊर्जा दोनों
(4) कोई भी नहीं

119. बैंक में बचत खाता खोलने के लिए कितने रूपये जमा करवाने होते हैं?
(1) कम से कम 500 रूपये
(2) कम से कम 1,000 रूपये
(3) कम से कम 100 रूपये
(4) कम से कम 2,000 रूपये
120. How much minimum amount should be there in account to have a cheque book?
(1) Rs. 500  (2) Rs. 1,000
(3) Rs. 100  (4) Rs. 50

121. Nutrients help in
(1) Body growth
(2) Development
(3) Maintenance
(4) All of these

122. Which nutrient goes out with water if we throw the extra water after boiling?
(1) Vitamin B complex
(2) Vitamin A
(3) Vitamin D
(4) Vitamin E

123. Resources can be classified as
(1) Human v/s Non-human
(2) Specific v/s general
(3) Human, physical and psychic capital resources
(4) All of the above

124. .......... are difficult to measure.
(1) Values  (2) Goals
(3) Standards  (4) All of the above

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125. Frustration fatigue is caused by
(1) Low level of motivation
(2) Plans fail to work
(3) Goals cannot be achieved
(4) All of the above

126. .......... can be managed more easily.
(1) Non-human
(2) Human
(3) Specific resources
(4) General resources

127. Home management is
(1) using resources to attain the set goals
(2) getting the work completed
(3) supervising individual
(4) using efficient methods to complete task

128. Xerophthalmia is the deficiency of
(1) Vitamin A
(2) Vitamin D
(3) Vitamin E
(4) Vitamin K

129. In which year the Government of India passed the 'Consumer Protection Act'?
(1) 1987    (2) 1988
(3) 1985    (4) 1986
130. Most common adulterant in ‘turmeric’ is
(1) Yellow powder
(2) Metanil yellow
(3) Yellow dye
(4) None of these

131. Vitamin B₂ is
(1) Thiamine  (2) Riboflavin
(3) Niacin  (4) Tryptophane

132. Which Consumer Forum will you move for the compensation of the item purchased of the value less than one lakh?
(1) State level
(2) District level
(3) National level
(4) None of these

133. Standardized Mark on ‘mango powder’ is
(1) Agmark  (2) ISI
(3) FPO  (4) None of these

134. 15½ indicated on a care label of a shirt stand for
(1) The collar size
(2) Shirt can be ironed
(3) Not bleaching
(4) Blueing
135. A sedentary man of 60 kg body weight requires energy equal to
   (1) 2925 Kcal
   (2) 1875 Kcal
   (3) 2225 Kcal
   (4) 2875 Kcal

136. The minerals ....... and ....... are present in the largest amount in our bodies.
   (1) Ca and P
   (2) Ca and K
   (3) Fe and P
   (4) K and P

137. .......... present in green leafy vegetables and cereals interfere with absorption of calcium.
   (1) Oxalates
   (2) Phytates
   (3) Oxalates and Phytates both
   (4) None of these

138. Failure of growth, irritability, skin changes and hair changes are the symptoms of
   (1) Kwashiorkor
   (2) Marasmus
   (3) PEM deficiency
   (4) Fluorosis

139. Most bacteria grow best at pH near
   (1) Acidic
   (2) Alkaline
   (3) Neutral
   (4) All of these
140. When we add water to make dough, two proteins combine and forms a compound
(1) Gluten  (2) Lysine
(3) Methionine  (4) Isoleucine

141. When we store fruits for several days in a fridge most of its ......... cannot be retained.
(1) Ascorbic acid  
(2) Thiamine  
(3) Nicotinic acid  
(4) All of these

142. RDI for Iron during lactation is
(1) 38 mg  (2) 40 mg
(3) 30 mg  (4) 35 mg

143. The increase in daily recommended allowances by ICMR of Protein in pregnancy is
(1) 14 gm  (2) 25 gm
(3) 20 gm  (4) 15 gm

144. In LTHT method of Pasteurization, milk is heated at
(1) 140°F  (2) 145°F
(3) 161°F  (4) 165°F

145. The sign indicates
(1) Box pleats  
(2) Knife pleats  
(3) Two way grain  
(4) Gathers

P. T. O.
146. Fabric with low density
(1) have less weight
(2) have less cover
(3) better strength
(4) None of these

147. Artificial silk is
(1) Rayon
(2) Polyester
(3) Acrylic
(4) Acetate

148. The most important test for fibre identification is
(1) Microscopic test
(2) Burning test
(3) Solubility test
(4) Tearing test

149. Tenacity of a fibre is directly related to
(1) length of polymer
(2) polymer orientation and strength
(3) inter polymer forces of attraction
(4) All of the above

150. Fever is a condition when
(1) There is an increase in the body temperature above normal
(2) There is an increase in the rate of metabolic activities
(3) There is an imbalance between the heat produced and heat eliminated in the body
(4) All of the above